

BLOSSOMING WITH GROW

SPRING BREAK

GUILFORD COUNTY SCHOOLS 🌸 APRIL 14TH-18TH

AS IT CONTINUES TO GET WARMER, HERE ARE SOME FUN EVENTS/ IDEAS TO KEEP THE KIDS AND THE FAMILY HAPPY AND ENGAGED!

- GREENSBORO ARBORETUM
- GREENSBORO SCIENCE CENTER
- GREENSBORO CHILDREN'S MUSEUM
- CELEBRATION STATION
- SAFARI NATION
- STORY TIMES AT PUBLIC LIBRARY

** TO FIND MORE EVENTS IN THE TRIAD AREA DURING SPRING BREAK AND YEAR ROUND, FOR BOTH CHILDREN AND ADULTS, VISIT:

GREENSBORO-NC.GOV PIEDMONTTRIADLIVING.COM

PIEDMONTTRIADLIVING.COM

FUN FACTS ABOUT HUMAN DEVELOPMENT DID YOU KNOW?...

- UP TO 60% OF A BABY'S ENERGY IS DEDICATED TO THEIR DEVELOPING BRAIN, HENCE HIGH BRAIN ACTIVITY LEVELS IN EARLY YEARS
- IMAGINATIVE PLAY IS CRUCIAL FOR DEVELOPING COGNITIVE SKILLS, SOCIAL UNDERSTANDING, AND CREATIVITY
 - HAVE A TEA PARTY
 - BUILD A FORT
 - PRETEND PLAY WITH STUFFED ANIMALS
 - PRETEND GROCERY SHOP
 - PLAY DRESS-UP
 - COOK IN A PLAY KITCHEN
 - ACT OUT A STORY
- THE HUMAN BRAIN RUNS ON ABOUT 20 WATTS OF POWER, ENOUGH TO POWER A LIGHTBULB
- MOST CHILD DEVELOPMENT HAPPENS AGES 0-5

CHERRY BLOSSOM CRAFT

MATERIALS NEEDED:

- PINK CREPE PAPER
- GLUE
- CARD STOCK PAPER
- BROWN PAINT AND BRUSH
- SCISSORS
- STAPLER

INSTRUCTIONS:

1. PAINT TREE BRANCHES ON CARD-STOCK PAPER
2. CUT CREPE PAPER STRIPS (ABOUT 18-24 INCHES IN LENGTH) AND GLUE THEM ALONG THE BOTTOM OF THE BACK OF CARD-STOCK PAPER
3. SCRUNCH UP TISSUE PAPER SQUARES TO MAKE CHERRY BLOSSOMS. GLUE THEM ALL OVER BRANCHES UNTIL IT IS FULL OF CHERRY BLOSSOMS
4. BEND YOUR CHERRY BLOSSOM CRAFT INTO A CIRCLE PLACE TWO STAPLES AT THE TOP AND BOTTOM TO JOIN THE ENDS TOGETHER
5. CREATE HANDLE USING CARD-STOCK PAPER
6. LASTLY, HANG YOUR CHERRY BLOSSOM HIGH TO WATCH IT DANCE IN THE WIND!





STRAWBERRY SEASON IS ARRIVING!

HERE ARE SOME TASTY STRAWBERRY RECIPES EVERYONE CAN ENJOY!



STRAWBERRY MILKSHAKES

INGREDIENTS:

2/3 CUP MILK OF CHOICE

3 CUPS STRAWBERRY ICE CREAM OF CHOICE

1 CUP FRESH STRAWBERRIES

2 TABLESPOONS STRAWBERRY SYRUP

***FEEL FREE TO ADD ANY OTHER FRUITS YOU'D LIKE!

DIRECTIONS:

IN A BLENDER, COMBINE ALL INGREDIENTS; BLEND UNTIL SMOOTH. POUR INTO CHILLED GLASSES. SERVE IMMEDIATELY



YOGURT BARK

INGREDIENTS:

VANILLA YOGURT

STRAWBERRIES

ANY TOPPINGS YOU'D LIKE

DIRECTIONS:

1. LINE BAKING SHEET WITH PARCHMENT PAPER
2. USING AN SPATULA OR SPOON, SPREAD YOGURT ACROSS THE BAKING SHEET
3. SPRINKLE YOGURT WITH THE STRAWBERRIES AND TOPPINGS
4. FREEZE THE YOGURT OVERNIGHT OR FOR AT LEAST 3 HOURS
5. REMOVE DESSERT FROM FREEZER AND BREAK IT INTO CHUNKS. SERVE AND ENJOY!!!



THEY *BLOOM* SO FAST!

REMEMBER THAT PARENTING IS MULTIDIMENSIONAL.

EVERYONE PARENTS DIFFERENTLY JUST AS KIDS GROW AND DEVELOP DIFFERENTLY. GIVING THEM POSITIVE AND NURTURING ATTENTION IS IMPORTANT TO THEIR GROWTH AND DEVELOPMENT. BE UNDERSTANDING AND KIND TO YOURSELF AS A PARENT AS YOU ARE STILL GROWING AS WELL.

WE HAVE FINISHED:

PROJECT UPDATE

167 3Y VISIT 1'S,

148 3Y VISIT 2'S,

44 5Y VISIT 1'S,

40 5Y VISIT 2'S

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